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RMAX Donates 245 DVD Programs to Jordanian Veteran Centers

Atlanta, GA., May 17, 2007. RMAX International, a health and fitness organization founded upon the Circular Strength Training® (CST) system, has donated 245 sets of its Warrior Wellness DVD joint mobility program to Prince Mired Raad Zeid Al-Hussein of the Hashemite Kingdom of Jordan on behalf of the Hashemite Charitable Society for Soldiers with Special Needs (HCSSSN) and the National Committee for Demining and Rehabilitation (NCDR).

RMAX has long been a supporter of veteran's causes, having launched its Veteran Warrior Wellness campaign in 2006. Under the program RMAX donated copies of Warrior Wellness to every Veteran's Medical Center in the United States. Veterans are also eligible for five free passes to each RMAX fitness and martial art seminar over the next five years. Veterans are encouraged to join and participate in a dedicated section of the free online forum in which they can discuss their needs and receive feedback and advice from certified CST coaches.

Described by The Washington Post's Marty Gallagher as "*An effective fitness methodology that gets results,*" the Warrior Wellness™: Six Degrees of Freedom™ program has been successfully tested and recognized as life-changing, even by people who suffered from severe health complications.

The Hashemite Charitable Society for Soldiers with Special Needs (HCSSSN) currently assists 2,311 soldiers with a wide range of disabilities. Support is offered in the form of medical aids and equipment such as wheelchairs, medical beds, mattresses, and walkers. The foundation also assists applicants with finding jobs, retraining, undertaking micro-financing projects, with the goal of helping them to lead a dignified and productive life. The HCSSSN recently built a new centre which will provide additional services such as physiotherapy, occupational therapy, hydrotherapy, counseling, vocational training, computer training, and physical training.

The National Committee for Demining and Rehabilitation (NCDR) is the lead organization in Jordan responsible for coordinating all work that falls under the umbrella of what is called 'mine action.' Demining is the main element. Victim assistance and mine risk education are also important activities undertaken by the NCDR. Under the Ottawa Convention, which Jordan signed in August 1998, two years remain in which to clear Jordan of all landmines.

ABOUT RMAX INTERNATIONAL

RMAX is an international health and fitness organization founded upon the Circular Strength Training® System (CST). CST involves a 'prehab' approach to health and fitness combining pain-free mobility, dynamic flow yoga and natural athleticism. CST is made up of 3 wings which can be performed individually or as a complete system to achieve the best possible results.

For more information, log on to www.rmaxinternational.com