

**Press Contact**

Gary Morozov, Public Relations Officer  
[morozov@rmaxinternational.com](mailto:morozov@rmaxinternational.com)  
Phone: 678.867.RMAX (7629)  
Fax: 678.867.7676

**USA NATIONAL SAMBO TEAM COACH HOSTS FIGHTERS FROM AROUND THE WORLD FOR SAMBO CAMP AND PREMIER FIGHT**

Bellingham, WA, January 13, 2007. Thirty fighters from Italy to Japan will be converging on Bellingham to test themselves in one of the most intense “mixed martial art” ever created: Russian Sambo.

Sambo is the 3<sup>rd</sup> style of international wrestling recognized by FILA (the international governing body for wrestling) officially recognized in 1938. It is a composite of American freestyle, Japanese Judo and Jujitsu and Greco-Roman wrestling, as well as Georgian Chidaoba, Uzbek Kuresh and Armenian Koch.

*“As a pioneer in both the application of newest sports science and as a connection and filter to the best techniques of the past, Coach Sonnon and CST have made immeasurable contributions to the program of instruction here at the U.S. Army Combatives School,” explained SFC Matt Larsen, Non-Commissioned Officer in Charge of U.S. Army Combatives. “By combining an intimate knowledge of fighting and fitness along with biomechanical efficient movement and the physiological capabilities and he is helping revolutionize the modern combative world.”*

**PREMIER FIGHT:** To christen the event, two of the fighters – D. Cody Fielding of San Francisco and Jarlo Ilano of Honolulu – will be competing in Combat Sambo Rules for the only RMAX faculty position Coach Sonnon will be awarding in 2007. The fight will begin between 10:00AM and 10:30AM and lasts for 10 minutes or until submission or knockout. Five judges will officiate to determine the score in the absence of submission or KO.

**ABOUT RMAX INTERNATIONAL:**

Scott Sonnon, USA Police Sambo Team Coach and International Sambo Champion launched his “retro-tech” RMAX Gymnasium on January 6<sup>th</sup> in partnership with the Bellingham Athletic Club. Classes are geared towards “tactical fitness” to increase preparedness for firefighters, police and military personnel. For more information, log on to [RMAXinternational.com](http://RMAXinternational.com).

**ABOUT BELLINGHAM ATHLETIC CLUB:**

Bellingham Athletic Club has been Whatcom County’s Health and Fitness Leader since 1975. The two Bellingham Athletic Club facilities, BAC Cordata at 4191 Meridian Street and BAC Downtown at 1616 Cornwall Avenue, offer the best in service, equipment and cutting edge technology and personnel. For more information, log on to [BellinghamAthleticClub.com](http://BellinghamAthleticClub.com).